



## ASHBURTON PARK HUB NEWSLETTER

ISSUE NO.4 - February 2021

Welcome to our first newsletter of 2021! It's packed full of positive updates on what the Hub has been up to and resources to support you during this challenging time. Enjoy 😊

This month, our newsletter includes:

- Community Boxing Gym update
- Christmas hamper happiness
- Soul Space news
- Update on Hub staffing
- Resources to support you through the pandemic including a BAME vaccine event



### HAMPERS BRING CHRISTMAS CHEER

Our generous Christmas Hampers were a huge hit with local families. 20 families from each of the four Oasis schools in the Ashburton Park Hub received a lovely hamper. A fantastic team of volunteers created and delivered the 80 high quality hampers that were packed full of food essentials and tasty treats.



### FOODCYCLE

*Don't forget that you can collect a tasty home cooked meal for yourself and other members of your family. Every Friday night between 7pm and 8pm our volunteers are at Oasis Academy Ryelands. Don't miss out!*

[https://www.foodcycle.org.uk/location/foodcycle-norwood-  
junction/](https://www.foodcycle.org.uk/location/foodcycle-norwood-<br/>junction/)



### COMMUNITY BOXING PROJECT PROGRESS!

We have now raised an additional £11,500 for the boxing gym which brings us to a new total of nearly £15,000! The new fitness space is going to be a real asset to the local community, encouraging young people, especially girls to enjoy exercise and grow their confidence. We will also have a dedicated member of staff, Simon Butler taking the lead on getting the gym set up. He will spend one day a week



working on the gym and is employed for his other days at the Oasis hub in Waterloo.

### **SOUL SPACE BRIGHTENS PEOPLE UP**



Soul Space, a monthly (now online) gathering for the spiritually uncertain has had 70 people join for the last few months! January's theme was Dark Nights and Bright Mornings, a theme that resonated with people during this challenging time.

*If you would like to try out Soul Space, the next one is on Thursday 25<sup>th</sup> February at 7pm. You can always find out event details on the Soul Space facebook page <https://bit.ly/2YT0iOd> or search 'Oasis Church Social Group Croydon' in Facebook.*

### **HUB STAFFING UPDATE**

I, Dave Jones, will be leaving Oasis at the end of February. I've had a brilliant time at Oasis for nearly two years and it's been a privilege to work with the local community and schools during this time. I am embarking on a new phase of my working life as a Trainer and Coach. Stay tuned to hear about who will replace me as the new Hub leader for Ashburton Park.

### **CORONAVIRUS SUPPORT**

Are you feeling unsure about the Coronavirus vaccine? The Croydon BME forum is hosting a live online event on Thursday 11<sup>th</sup> February at 7pm. You can register at [Eventbrite.co.uk](https://www.eventbrite.co.uk). The poster is attached to this email. Please also find attached a sheet on identifying and managing anxiety.

Mayor of London Sadiq Khan are among famous faces urging people from ethnic minorities to get the coronavirus vaccine. You can watch the video here: <https://twitter.com/i/status/1353677950550495243>

Are you struggling? There are lots of people you can talk to.  
Samaritans: 116 123  
Anxiety UK: 03444 775 774  
Calm: 0800 58 58 58  
Papyrus: 0800 068 4141  
Young Minds: 0808 802 5544

### **FOLLOW US:**

On social media:  
Insta: @oasishubashburton  
Facebook: @oasishubashburtonpark

If you are interested in finding out more about the hub, or if you would like to get involved in anyway, please get in touch with [dave.jones@oasisuk.org](mailto:dave.jones@oasisuk.org)